



fresh start
- new beginnings

**The Treatment Service
for Child Sexual Abuse**



Our Vision

To ensure all children and young people who are victims of sexual abuse/exploitation have the opportunity to access help, advice, guidance and therapeutic intervention to aid their recovery.

To ensure that every child has the right to a childhood free from sexual abuse.

Our Values

Wellbeing

Confidence

Humanity



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Our charity provides a therapeutic service for children and young people up to 21 years who have reported being sexually abused and offers support for their families.

Our aim is to help children and young people make sense of the confusion they feel and to teach them coping strategies to deal with the difficulties they face.

We highlight their strengths and potential so that they are able to move from victim to survivor.

We offer:

- A full assessment of the needs of the victim and their family in relation to the child's sexual abuse
- An individually tailored treatment plan for each child victim
- Individual therapeutic sessions
- Group sessions for different ages and genders
- Support, advice and information for parents/carers
- Parents' group
- Work with siblings
- Professional consultations

We also offer the opportunity for the full range of risk assessments to be commissioned. In addition we can deliver training and workshops for professionals, as well as a variety of commissioned programmes for children, young people, parents and carers

How to ask for help:

Any young person or their family members or carers can ask a professional who is aware of their situation (such as a social worker, teachers, doctor, school nurse or police officer) to refer them to our service.

Referral forms are available on our website or can be requested by email. They must however be completed by a professional.



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For more information about our
work, please visit our website

www.fsnb.org.uk

or contact the team on

Head office:

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Norfolk office:

01603 558 205

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