

**90% of sexually  
abused children  
knew their  
abuser...**

**It's happening every minute of every hour of every day and it's a subject that's very rarely discussed at all... but we're trying to change that.**

Fresh Start - new beginnings is a charity that provides a therapeutic service to victims of child sexual abuse. We are a safe place where children and their families can receive advice and support and help in developing coping strategies to give them confidence, understanding and the chance of a brighter, more secure future.

We would love you to get involved; we need your help in ensuring that we can continue with our vital work. Whether you can offer a donation or would like to raise funds on our behalf we would be grateful and we know that the children and families that we work with would be too.

**The Treatment Service for Child Sexual Abuse**

To disclose Child Sexual Abuse contact the  
Police on 101

**fresh start**   
-new beginnings  
[www.fsnb.org.uk](http://www.fsnb.org.uk)